



# MTS NEWS

## MONTHLY NEWSLETTER

**APRIL, 2024**

**EDITION-XIV**

**BARNALA, PUNJAB**

### **BLESSED BEGINNINGS**

**PLAY SCHOOL - II**

**Session 2024-25**

On the joyous first day at MTS School, children from Playway to 2nd grade were greeted with smiles and excitement and welcomed with tilak ceremony. The day began with warm and happy reunions among friends and teachers. In Playway, little ones engaged in playful activities like building blocks, storytelling, and drawing, fostering creativity and imagination. Kindergarteners embraced new friendships during fun icebreaker games and group activities. In the lower grades, interactive learning activities such as alphabet games, number puzzles, and sing-alongs sparked enthusiasm and curiosity. Throughout the day, laughter filled the classrooms, creating a vibrant atmosphere of joy and happiness. Blessed with new beginnings, each child embarked on their educational journey with bright eyes and eager hearts, ready for the adventures ahead.



### **MY FIRST DAY AT SCHOOL** [III-VIII]

**First Day of New Session  
2024-25**

The start of a new session is always a time filled with excitement. It was a warm atmosphere in tiny tots as the day was filled with mixed emotions both for teachers and children.

The children were welcomed by teachers with warm smile and "Tilak Ceremony" as they walked in. The welcome assembly was conducted for the students. Teachers welcomed students with a melodious song. 'MY FIRST DAY ACTIVITY' was completed by students of classes 3rd to 8th. Students enjoyed many games with their teachers. At time of dispersal teachers see off them with hand - made gifts as token of love.



### **WELLNESS WONDERS ACTIVITY"** (PLAYSCHOOL - II)

Wellness Wonders Activity was designed in Mother Teacher School to help students in their physical, mental, social and emotional development, teachers and students both were very excited to perform physical activities such as running, jumping, clapping, rolling, hands up-down and some yoga poses. Teachers also motivated the students to eat healthy food as eating fruits, vegetables and drinking milk in place of junk food is better for our health.



### WORKSHOP ON HEALTH & HYGIENE (III-XII)

Students from III-XII grade at Mother Teacher School in Barnala participated in different activities on World Health Day. An enlightening seminar was conducted by certified Dietitian and weight loss coach, Sanjeev Kumar Joshi for the students of IX to XII class aimed to promote vibrant health among the young ones. Mr. Joshi's presentation focused on the mission to help everyone achieve a life of vibrant health. He shared valuable insights and practical tips on perfecting physical and mental health, tailored specifically for young individuals. During the seminar, he emphasized the importance of balanced nutrition, regular exercise and mental wellness in achieving overall health and well-being.



### BAISAKHI CELEBRATIONS Punjabi Fiesta: Salute to the Farmers

MTS School hosted a vibrant event, "Punjabi Fiesta: Salute to the Farmers," celebrating the essence of Baisakhi and honoring the hard work of farmers. Children from Playschool to II grade adorned themselves in traditional Punjabi attire, immersing in the rich cultural heritage. The event served as a platform for them to not only showcase their vibrant attire but also to understand the significance of Baisakhi festival and the pivotal role farmers play in our lives. Through various activities and presentations, the young minds were enlightened about the agricultural roots of the festival and the importance of expressing gratitude to those who toil in the fields. It was a joyous occasion fostering cultural pride and appreciation for agricultural contributions.



### BAISAKHI CELEBRATION (III-VIII)

To celebrate the colours of change and rejoice in new beginnings, MTS organised Baisakhi Celebration on 10th April. Students participated with great zeal and enthusiasm. The celebration started with a peaceful shabad. Students participated in dances, speeches and poems. Class V and VI students participated in Drawing and Colouring Activity. Class VII and VIII students participated in paragraph writing.

his event aimed to foster artistic expressions among students while highlighting the cultural significance of Baisakhi. A panel of judges evaluated the students based on creativity, relevance to the theme, artistic expression and overall impact. The event not only celebrated the spirit of Baisakhi but also fostered a sense of pride in our cultural heritage among the participants.



### RISHIKESH/HARIDWAR & MASTUANA SAHIB TEACHER'S TRIP

A transformative three-day educational tour to Haridwar and Rishikesh and a one-day trip to Mastuana Sahib Gurdwara were organized for the teaching staff.

The teachers expressed sincere gratitude for the enlightening journey, acknowledging its role in enhancing their teaching approach and fostering holistic development among students. Such initiatives underscore the school's commitment to providing comprehensive educational experiences that go beyond textbooks, nurturing a well-rounded understanding of life and its multifaceted dimensions.



## WORLD HERITAGE DAY (PLAYSCHOOL -II)

MTS School conducted World Heritage Day with an enlightening activity for students from Playway to 2nd grade. A captivating PowerPoint presentation was curated, aiming to introduce the young minds to the wonders of world heritage sites. Through visually engaging slides and interactive discussions, students were transported to iconic landmarks, ancient ruins, and cultural treasures across the globe. The presentation not only showcased the beauty of these sites but also emphasized the importance of preserving them for future generations. By instilling a sense of appreciation and awareness at an early age, the activity sought to nurture a generation of global citizens who value and safeguard our shared heritage. It was a stimulating experience that broadened their horizons.



## QUIZ COMPETITION ON WORLD HERITAGE DAY IX-X

Various activities are organized from time to time at Mother Teacher School Barnala. Similarly, on World Heritage Day, an inter-class competition was organized among the students of classes IX and X, in which students enthusiastically participated. Such competitions are very helpful in accelerating the mental development of children, wherein children were asked questions from various corners of the world. Six teams comprised of students from classes IX and X were formed, and a competition ensued among these teams. The teams securing first, second, and third positions were rewarded.



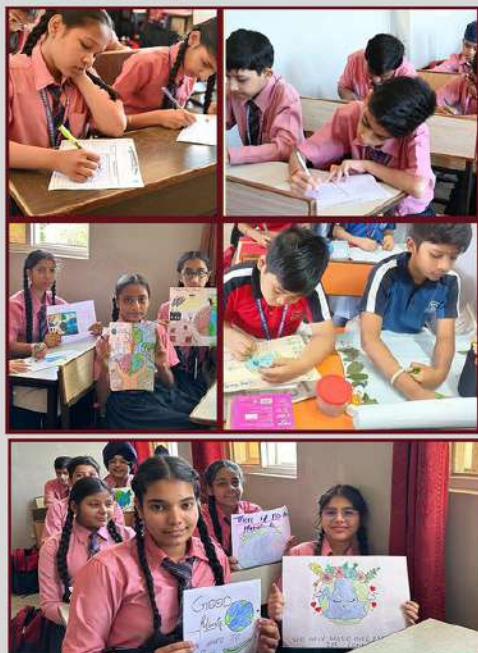
## WORKSHOP ON DRUG ADDICTION (VII-VIII)

In response to the rising concerns about drug addiction among adolescents Mother Teacher School organised workshop on drug abuse. The main objectives of workshop was to raise awareness about dangers of drug addiction, provide students with accurate information about different types of drugs and their effects, equip students with strategies to resist peer pressure and make healthy choices. The workshop comprised interactive sessions, group discussions, and informative presentations.



## SLOGAN & POSTER MAKING ACTIVITY (III-X)

Mother Teacher School Barnala celebrated Earth Day with enthusiasm and commitment to environmental stewardship. Students and teachers participated in various activities, including a pledge to protect our planet and reduce carbon footprints. The event featured a slogan-making competition highlighting conservation themes. Winners showcased their creative slogans urging sustainable practices. Students prepared informative PPT presentations on sustainable development. Slogan writing & poster making competitions were organized on this special day.



## ANNUAL ACADEMIC PRIZE DISTRIBUTION [III-XII]

The Annual Academic Prize Distribution at MTS was a celebration of academic excellence and achievement. One of the highlights of the event was the presentation of trophies to the position holders. As the trophies were handed out to the position holders, the atmosphere was filled with pride and applause. It was a moment of recognition for the students' hard work and academic accomplishments. Their achievements served as a source of motivation for their peers and a reminder of the importance of dedication and determination in pursuing academic success.



## GUARDIANS OF THE EARTH (PLAYSCHOOL-II)



Earth Day is a special day to celebrate our beautiful planet and learn how we can take care of it. At MTS School, students from kindergarten to 2nd grade learned about ways to protect the Earth. They talked about recycling, planting trees, and saving water. Teachers showed them how to plant seeds and take care of small plants. The students also print fingers to make earth's drawing colourful. They learned that every small action they take can make a big difference in keeping the Earth clean and healthy. Together, they promised to do their part to help the planet! and fostered a deeper connection to the world's cultural legacy.

## WORKSHOP ON IMPORTANCE OF READING (PLAYSCHOOL-VI)



The workshop on the Importance of Reading was held with the aim of highlighting the significance of reading in personal, academic, and professional development. It covered various aspects, including the benefits of reading, different types of reading, and strategies to develop a reading habit. The workshop successfully raised awareness about the importance of reading and provided participants with practical strategies to cultivate a reading habit.



Participants expressed enthusiasm and commitment to incorporating reading into their daily lives and promoting a reading culture in their respective environments.

## BOOK-AN-EVENT (COMMUNITY HELPERS) PLAYSCHOOL-II



In honor of Labour Day, MTS School organized a unique event titled "Book an Event," engaging students from Playschool to 2nd grade in a unique way. The theme revolved around dressing up in costumes reflective of their future aspirations. Students eagerly donned attire representing their desired professions, ranging from doctors and engineers to astronauts and artists. Through this creative endeavor, the young minds not only showcased their imagination but also gained insight into various career paths and the value of labor in society. The activity fostered a sense of ambition, allowing students to explore their interests and envision their future roles in the workforce. It was a memorable occasion that honored the spirit of Labour

## DIVERSE BOOK REVIEW EVENT IX-XII



In a celebration of literature and language diversity, Mother Teacher School in Barnala organized a comprehensive book review activity featuring renowned works in English, Hindi, and Punjabi. The event showcased insightful critiques of fifteen English classics, five Hindi masterpieces, and five Punjabi gems. Students delved into the depths of literature, sharing their thoughts on iconic novels, poems, and plays across these vibrant languages. This engaging initiative not only fostered a love for reading but also highlighted the rich cultural tapestry embedded in each language. The school community embraced the opportunity to explore and appreciate the literary treasures of India and beyond.

## ACADEMIC AWARD CEREMONY PLAYSCHOOL-II



MTS School recently hosted an Academic Award Ceremony to recognize the outstanding achievements of students in the 2023-24 sessions. The event was a momentous occasion where hard work and dedication were celebrated. Students who demonstrated exceptional academic performance, exemplary behavior, and significant progress were honored with prestigious trophies. Each trophy symbolized not only academic excellence but also resilience, determination, and a commitment to personal growth. .

## PRESENTATION ON INDIAN DANCE FORMS III-III

International Dance Day is celebrated on April 29 every year to encourage participation and education in dance.





Mother Teacher School organized a presentation on Different Dance Forms in India. Students celebrated 'World Dance Day' with zeal. The school marked the day with special presentation during an activity period. Students gained most of knowledge of different dances like kathakali, Bihu, Ghoomar, Dandiya Raas, Garba etc. Students and teachers thoroughly enjoyed the foot-tapping music along with exquisite dance forms. Teachers said dance was an art form which helps in expressing emotions of life and relaxes the mind, body and the soul and dance not only gives an opportunity to express thoughts and feelings, but also keeps one physically fit.

### TEACHER'S WORKSHOP ON IMPLEMENTATION OF NCRF

The NCrF workshop for teachers at MTS was a resounding success. Over 59 educators participated, engaging in interactive sessions focused on NCrF National Credit Framework 2024, a credit system developed by India to align education and skilling. The framework was introduced by the University Grants Commission (UGC) to integrate multiple streams of education, such as academic, vocational, and experiential.

A wonderful PowerPoint Presentation was prepared by Mrs Priyanka Goyal and Mr. Subhash to make all the Faculty members to understand all the techniques. The workshop featured hands-on activities, case studies, and discussions, empowering teachers to implement NCrF strategies effectively. Feedback was overwhelmingly positive,



### PRESENTATION ON LOK SABHA ELECTIONS IX-X



Presentation on Lok Sabah Elections was conducted to aware the Students about the Mechanism of elections and importance of elections in a democracy so that Students when attain voting age will definitely vote for nations & make efficient administrative government. The 18th Lok Sabha elections symbolize the vibrancy of Indian democracy, where every vote counts and every voice matters. As we await the Election Day, let us cherish the spirit of democracy and reaffirm our commitment to shaping a brighter future for our nation.

### BIRTHDAY CELEBRATIONS PLAYSCHOOL-II



MTS School embraced the joy of birthdays by celebrating the April-born students from Playway to second grade. The school adorned with colorful decorations and filled with laughter and excitement as the young ones marked their special day together. Each birthday child was showered with wishes, smiles, and also received gifts. It was a heartwarming occasion where friendships were strengthened, and memories were created, fostering a sense of belonging and camaraderie among the students. Such celebrations not only honor individual milestones but also nurture a sense of collective happiness and unity within the school.

### IN FOCUS

### TRAFFIC AND DRUG AWARENESS SESSION



Traffic and Drug Awareness Session Conducted at Mother Teacher School Barnala\*

In a proactive measure to promote road safety and combat drug abuse, a collaborative effort between the Punjab Police and Mother Teacher School in Barnala saw a comprehensive traffic and drug awareness session for drivers. Led by DSP S. Manjeet Singh of Punjab Bureau of Investigation (PBI) and Barnala Traffic, Inspector S. Jaswinder Singh, along with ASI Gurjit Singh and ASI Gurcharan Singh from Traffic Awareness Barnala, the session aimed to educate drivers on the importance of adhering to traffic regulations and fostering a drug-free environment.