



# MTS NEWS

MONTHLY NEWSLETTER

MONTH: AUGUST, 2024

EDITION: XVII

BARNALA, PUNJAB

## UTKARSH YOGA WORKSHOP BY ART OF LIVING



The Art of Living Foundation conducted a 5-day "Utkarsh Yoga" workshop from July 29 to August 2 at Mother Teacher School. The workshop, aimed at promoting holistic wellness among students, integrated yoga, meditation, and stress management techniques. Held daily from 7:45 a.m. to 8:45 a.m., the sessions were led by experienced trainers and attended by 172 students. The participants reported feeling inspired and motivated, and each received a certificate of completion on the final day.

## Punjabi Art Integrated Activity



A CBSE-affiliated Punjabi Art Integrated Activity was held at MTS School, where students of grade I & II performed a group song titled "Maa Boli." The melodious rendition celebrated the richness of the Punjabi language. The performance was beautifully accompanied by the harmonious tunes of the harmonium and the rhythmic beats of tabla, highlighting the students' deep connection to their cultural roots. This activity served as a tribute to Punjabi culture and language, showcasing the students' effort to protect the language..

## Community Lunch on Friendship Day



To celebrate Friendship Day, MTS organized a community lunch for students of classes 3rd to 8th. Each class was given the task of bringing dishes representing different states of India, divided house-wise. This event aimed to foster a sense of community, cultural awareness, and appreciation for diverse culinary traditions among the students. Tables were set up in the classes, with each house having a designated area to display their dishes. The atmosphere was vibrant and cordial, with students eagerly explaining the origins and ingredients of their contributions. The community lunch not only celebrated Friendship Day but also provided a platform for students to learn about and celebrate the diverse culinary heritage of India. It achieved its goal of bringing students together, fostering friendships, and promoting a sense of shared culture. The event was a testament to the school's commitment to holistic education, where learning extends beyond the classroom to encompass real-world experiences and values.







# MTS NEWS

MONTHLY NEWSLETTER

MONTH: AUGUST, 2024

EDITION: XVII

BARNALA, PUNJAB



## Recitation Competition WINGS OF WORDS (INDEPENDENCE DAY)



On the occasion of Independence Day, MTS School conducted a recitation competition celebrating Indian Nationalism. First and second graders passionately recited deshbhakti poems in Hindi, while kindergarteners showcased their knowledge of Indian national symbols. The young participants added creativity to their performances by dressing in costumes and using props that reflected their respective themes. The event not only highlighted the students' oratory skills but also instilled a sense of patriotism and pride in their cultural roots.

## CRAFT ACTIVITIES



Mother Teacher School organized a series of exciting and creative competitions for the students on 3rd August, focusing on Paper Origami, Bookmark Making, and Paper Weight Making. These activities aimed to nurture students' artistic talents, enhance their fine motor skills, and encourage creativity and innovation. The competitions provided a wonderful platform for students to express their creativity and artistic skills. The enthusiasm and dedication shown by the participants were commendable, and their creations were a testament to their talent and hard work.

## POSTER MAKING COMPETITION

Mother Teacher School organized a Poster Making competition for students of classes 7th and 8th, centered around the theme of national symbols. The event aimed to deepen students' understanding of India's rich heritage and cultural icons while fostering their artistic skills and creativity. The Poster Making competition was a resounding success, with students demonstrating both artistic flair and a deep appreciation for India's national symbols. The event not only provided a platform for creative expression but also enhanced the students' knowledge and pride in their national discourse.



## Workshop on Health & Hygiene







On 9th August 2024, Mother Teacher School organized an informative workshop on health and hygiene for students of the 5th and 6th grades. The workshop aimed to educate students about the importance of maintaining good health and hygiene practices. The facilitators demonstrated the topic through a presentation to make the learning experience more engaging. Students presented an enactment to emphasize on healthy habits. This workshop effectively conveyed crucial information about maintaining good health practices and encouraged students to adopt a healthier lifestyle.

## Interhouse Ganit Challenge

Mother Teacher School conducted the Inter-House Ganit Challenge on August 12, 2024. This event aimed to foster interest for mathematics and to develop problem-solving skills among students. Participants from classes 6th to 10th competed in a series of mathematical challenges, representing their respective houses. Each team consisted of five students, one from each grade (6th to 10th). All houses showed great enthusiasm. Students demonstrated excellent teamwork and collaboration throughout the event. The event not only highlighted the mathematical talents of the students but also encouraged a healthy competitive spirit and teamwork.



## Story Telling Competition

"Storytelling is the essential human activity. The harder the situation, the more essential it is." Mother Teacher School Barnala recently organized a Storytelling Competition in which students of grade 6th to 8th showcased their creative writing and storytelling skills. This event, conducted under the guidelines provided by CBSE, was aimed at encouraging students to engage in imaginative thinking and articulating their thoughts through original stories. Participants were required to craft their own stories, highlighting their creativity, narrative style, and ability to engage the audience. The competition was divided into different categories based on age groups, ensuring that all students had a fair chance to compete. The storytelling competition was a resounding success, reflecting the board's commitment to fostering creativity and holistic development among students. It served as a reminder of the power of storytelling in education and the potential of young minds to craft compelling narratives.



## Workshop on Freedom Fighters

A workshop on India's freedom fighters was organized for the 3rd and 4th class students. The purpose of this workshop was to educate young minds about the sacrifices and contributions of the heroes who fought for India's independence. The event aimed to instill a sense of patriotism and respect for the nation's history among the students. The workshop included a session where students played the roles of freedom fighters and recited the slogans given by them. The workshop was a success, with students showing great enthusiasm and interest in learning about the freedom fighters. It was a valuable educational experience that left a lasting impact on the young minds.







## Independence day Celebrations



## Raksha Bandhan Celebration



MTS School celebrated Rakshabandhan with vibrant activities. First and second graders decorated thalis and crafted rakhis, while kindergarteners focused on rakhi-making. The highlight of the event was the rakhi-tying ceremony, where students participated in this cherished tradition. Additionally students from class IX-XII showcased their skills through role plays, speeches & poem composition, adding depth & creativity to the celebration. The celebration not only emphasized the bond between brothers and sisters but also engaged students in creative and meaningful activities, reflecting the spirit of Rakshabandhan and fostering a sense of unity and affection among the students.



## Workshop on Journey of India

To celebrate the 77th Independence Day, a special assembly was organized for 7th & 8th standard students. The students participated in various cultural performances, including dances, and skits. A presentation on India's Journey towards Independence was shown to the students. The event aimed to instill a sense of patriotism and respect for the nation's history among the students. All the activities on Independence Day were a huge success. It provided the students with an opportunity to learn and celebrate their country's independence in a meaningful way. The event was marked by the students' active participation and enthusiasm, making it a memorable and educational experience.

To celebrate the 78th Independence Day, a special assembly was organized. The assembly aimed to instill a sense of patriotism among the students, educate them about the significance of Independence Day, and honor the sacrifices made by the freedom fighters. Students delivered speeches on the theme of independence and freedom fighters. Each student spoke passionately about a particular freedom fighter, sharing their contributions and the impact they had on India's struggle for independence. The students participated in various cultural performances, including patriotic songs, dances, and skits. All the activities on Independence Day were a tremendous success. It provided the students with an opportunity to learn about and celebrate the country's independence in a meaningful way. The event was marked by the students' active participation and enthusiasm, making it a memorable and educational experience.







## Kala Yukt Utsav Janmashtami Celebrations



MTS School's Kala Yukt Utsav for Janmashtami, a CBSE art-integrated activity, was a cheerful celebration.



First and second graders creatively decorated mukut, flute, and dahihandi, while kindergarteners wore Krishna-themed costumes. The event featured lively performances and traditional decorations, immersing students in the cultural richness of Janmashtami.

## JANMASHTAMI CELEBRATIONS

The festival of Janmashtami was celebrated with great dedication and devotion in Mother Teacher School Barnala. Nitasha and Ishkirat, students of class IX, delivered speeches related to the life of Lord Shri Krishna. While on one hand, one of the school teachers Ms. Shivani filled the students with devotion through her bhajans, on the other hand, Hindi teacher Mrs. Seema Garg inspired children to always follow the path of justice and religion through the story of Lord Krishna. The students made this occasion even more memorable by presenting a cultural program. The Principal, Mr. Daljeet Singh and Coordinator Mrs. Kamlesh Sharma congratulated the students on Janmashtami and advised that we might face difficulties in the life however good karma and truth will always prevail.



## INTER CLASS QUIZ

MTS organized an inter-class quiz competition on 24th August to celebrate the life and teachings of Lord Krishna. The event aimed to enhance students' knowledge about the various aspects of Lord Krishna's life, his teachings in the Bhagavad Gita, and his significance in Indian culture and mythology. The quiz saw enthusiastic participation from students of classes 3rd to 5th. The inter-class quiz on Lord Krishna was a grand success. It not only provided a platform for students to showcase their knowledge but also deepened their understanding of the cultural and spiritual heritage associated with Lord Krishna. The event was well-received by both students and teachers, and it encouraged a spirit of learning and healthy competition.





## Session on RBI Monetary Policy

The Commerce department of Mother Teacher School organized a seminar on "Monetary Policy Review" for Class XI and XII students. The seminar aimed to enlighten students about the functions of the Reserve Bank of India (RBI), instruments of monetary policy, and the impact of inflation and deflation on the economy. Students learned about the various tools used by RBI to control inflation, manage liquidity, and stabilize the economy, such as repo rate, reverse repo rate, and open market operations.



Mrs. Vishal Dharni and Mrs. Priyanka Goyal from Commerce Department provided valuable insights into the current monetary policy scenario, highlighting the challenges faced by RBI in maintaining a balance between inflation control and economic growth. Students actively participated in the seminar, asking questions and engaging in discussions on the topic. They demonstrated a keen interest in understanding the complexities of monetary policy and its impact on the economy.

The seminar on Monetary Policy Review was a resounding success, providing Class XI and XII Commerce students with a comprehensive understanding of the topic. According to the School Principal, Mr. Daljeet Singh, the event helped students to develop a deeper appreciation for the critical role of RBI in managing the economy and the importance of monetary policy in shaping the country's economic future.

## Workshop on Drug Abuse

The school hosted a vital Drug Abuse Awareness Program for students of grades 6 to 8. Understanding the dangers of drug abuse is crucial, especially for the young minds who are at a formative stage of their lives. Our program aimed to educate and empower students so that they make informed choices.

**Interactive Session:** The program kicked off with an engaging session led by our dedicated teachers. They discussed the harmful effects of drugs on health, both physical and mental, and emphasized the importance of saying 'No to drugs; Consequences of drug abuse, helping them understand the gravity of the issue in a relatable way.

We believe that education is the key to prevention, and today's program was a step in the right direction. We are proud of our students for their active participation and their determination to make wise choice.



## Workshop on Financial Literacy

The financial literacy class for 6th to 8th grade students, as per the National Educational Policy (NEP) skill module-2, aims to impart fundamental knowledge and skill in managing finance effectively. The curriculum covers basic concepts such as saving, budgeting understanding the value of money, distinguishing between needs and wants and introducing the concept of earning and spending responsibility. It incorporates interactive activities, games and real life examples to engage students and make learning about finances practical and relatable.



## English Calligraphy Competition

The Calligraphy Competition was not just a contest but a celebration of the art of writing.

English Calligraphy Competition was held exclusively for the talented 6th to 8th standard students. The event was a wonderful showcase of creativity, precision, and artistic expression as our young learners put their best efforts into perfecting their handwriting and presentation skills.

The main objective of the activity is to encourage students to enhance their handwriting skills and appreciate the art of calligraphy.

The event was judged on various parameters such as neatness, creativity, letter formation, and overall presentation. The diversity in styles and the attention to detail were truly commendable.

We are proud of all the participants for their effort and enthusiasm.



Events like these reinforce the importance of fine handwriting and inspire students to take pride in their written communication



### National Space Day

23rd August of every year is declared as the 'National Space day' by Govt. of India to commemorate the success of Chandaryan-3. To celebrate the maiden National space day, Mother Teacher School organized quiz and painting competitions for classes IX – XII. The theme of this year's National Space Day is "Touching lives while touching the Moon" Students participated energetically showcasing their knowledge & creativity, & reflecting their excitement and pride in India's achievements in space exploration.



### FLASHY FIESTA GAMES NATIONAL SPORTS DAY

An indigenous toys and games expo was held in Mother Teacher School on 28.08.2024. A variety of natural toys made from shells, pandanus leaves, grass, clay and many other natural things. Natural material and traditional techniques make each toy unique and special. These toys serve as educational tools, promoting storytelling, creativity and imaginative play among children. Indigenous games like hopscotch, skipping, hide & seek and the games using marbles, dice, balls etc. The main objective behind this activity is to build life skills and psychomotor-skills among students and also develop the skills of accuracy, strategy, intuition and patience.



### THE ART OF PUBLIC SPEAKING

Mother Teacher School, Barnala organised a Lecture on "The Art of Public Speaking" for the students. It focused on the technicalities and discourse of being good orator. The Lecture was organised by Ms. Harsimran Kaur in co-ordination with Ms. Kirti Sharma under the able leadership of Ms. Daljeet Rana, the Principal.



### BIRTHDAY CELEBRATIONS MONTH AUGUST





MTS School embraced the joy of birthdays by celebrating the August-born students from Playway to second grade. The school adorned with colorful decorations and filled with laughter and excitement as the young ones marked their special day together. Each birthday child was showered with wishes, smiles, and also received gifts after cake cutting ceremony. It was a heartwarming occasion where friendships were strengthened, and memories were created, fostering a sense of belonging and camaraderie among the students. Such celebrations not only honor individual milestones but also nurture a sense of collective happiness and unity within the school.

## NATIONAL SPORTS DAY

On August 1st, 2024, students from Mother Teacher School participated in the Zonal Level Karate Competition held at Government Senior School, Upli. The event saw enthusiastic participation from various schools in the zone, with our students showcasing their exceptional martial arts skills. We are proud to announce that our students Darpit (under 17 years), a student of class tenth and Samaksh Garg (under 14 years), a student of class seven, won a prestigious Gold Medal in the competition, demonstrating their dedication, discipline, and mastery of karate techniques.

The competition was fierce, with talented participants from across the zone. Our students' impressive performance earned them the top spot on the podium. According to the School Principal Mr. Daljeet Singh the Zonal Level Karate Competition was a remarkable success for Mother Teacher School, with our students proving their mettle in the martial arts arena. This achievement is a testament to their hard work, perseverance, and passion for karate. We congratulate our students and their coaches on this outstanding accomplishment and look forward to their continued success in future events!



**CHESS U-14 & U-17 GIRLS QUALIFIED FOR DISTRICT LEVEL TOURNAMENT**



**SAMAKASH GARG**

*Congratulations Motherite!*  
Bagged **Bronze Medal** in State Level  
**AMATURE PUNJAB STATE KARATE CHAMPIONSHIP**  
held on 2nd to 4th August 2024 in MOHALI and qualified for **National Level**



**GOLD MEDAL** at Distt. Level Chess Competition in Punjab School Games

**Qualified for State Level Competition**



**SILVER MEDAL** at Distt. Level Badminton Competition in Punjab School Games

**Qualified for State Level Competition** [U-17 Category]



**Takshil Satpute**

**GOLD MEDAL** in 2nd Motivational Roller Skating Championship 2024 held at Guru Nanak Public School, Ludhiana



**Saransh Sahu**

Bagged **TWO GOLD MEDALS** in 2nd Motivational Roller Skating Championship 2024 held at Guru Nanak Public School, Ludhiana  
Age category: Under 14



### Excellence in Sports



CHESS U-14 & U-17 AS WELL AS U-19 BOYS QUALIFIED FOR DISTRICT LEVEL TOURNAMENT



CRICKET TEAM U-14, U-17 AND U-19 BOYS QUALIFIED FOR DISTRICT LEVEL COMPETITION



CHESS U-14 & U-17 GIRLS QUALIFIED FOR DISTRICT LEVEL TOURNAMENT



DARPIT KAUSHAL QUALIFIED FOR KARATE DISTRICT LEVEL TOURNAMENT



**BRONZE MEDAL** at Distt. Level Badminton Competition in Punjab School Games

**Qualified for State Level Competition** [U-14 Category]



**CONGRATULATIONS MOTHERITE!**

**SAMAKASH GARG**

For Excellent performance in

**11th KYO RIN ALL INDIA KARATE CHAMPIONSHIP**

held in Amritsar on 8th & 9th June, 2024

AASTHA ENCLAVE, BARNALA (PB)  
01679-239604, 92162-39604



**DARPIT KAUSHAL QUALIFIED FOR KARATE DISTRICT LEVEL TOURNAMENT**



**Ashmanpreet Kaur XI Science**

getting selected for

**INSPIRE INTERNSHIP CAMP**

at **AMITY UNIVERSITY, MOHALI** from 5th to 9th August 2024

Organized by  
विज्ञान एवं प्रौद्योगिकी विभाग  
DEPARTMENT OF SCIENCE & TECHNOLOGY  
GOVT. OF INDIA

AASTHA ENCLAVE, BARNALA (PB)  
01679-239604, 92162-39604

Scan me for more info.  
www.motherteacherschool.in