

MTS CORRESPONDENT BARNALA  
JUNE 5, 2022

### MEGA HAPPINESS PROGRAM YOGA CAMP



“It’s not about being good at something, It’s about being good to yourself”

Yoga is a spiritual, mental and physical well being practice that has been found to be associated with a number of health benefits.

MTS Barnala organized a five day work-shop of yoga under the valuable guidance and training of Mr. Er. Sunil Gambhir and Mrs. Anjana Gambhir of Art of Living. This Mega Happiness Program was attended by all the teachers and administrative staff of both MTS Barnala & MTIS Handiaya, motivating and encouraging them to practice yoga for healthy mind, body, soul and brought an active revival in their teaching skills & blissful lives.

MTS CORRESPONDENT BARNALA  
JULY 1, 2022

### TEACHERS’ TRAINING WORKSHOP



As valuable teachers’ training workshops leads to positive teaching and learning environment, ensuring better performance of teachers and students. So MTS organised one day teachers’ training workshop for all the teachers of MTS conducted by Dr. Vandna Shahi, District Training Coordinator, Ludhiana who motivated the teachers by

her methodology, activity based teaching and inspirational attitude and expression. All the teachers enjoyed and participated in the workshop actively. Principal Dr. Sanjay Sakalani thanked Dr. Shahi for her noble efforts to promote quality education among us all.

MTS CORRESPONDENT BARNALA  
JULY 6, 2022

### SPLASH POOL PARTY - PRE PRIMARY



“While I am swimming, I sing songs in my mind”. Splash pool party creates song in each child. Splash Pool to create harmony and coordination, among the young ones. Besides it, to beat the heat and to have fun, a splash pool party was arranged by MTS for the students of Kindergarten, 1<sup>st</sup> and 2<sup>nd</sup> class. The excitement among the students was lively and playful. The broad smiles of the kids experience the delight of their mind and soul. Some students were seen floating and swimming in the pool happily. Rain dance in the splash pool was a treat to the eyes of beholders.

MTS CORRESPONDENT BARNALA  
JULY 13, 2022

### SHOW & TELL COMPETITION - PRE PRIMARY



“Best way to conquer stage fright is to know what you are talking about”. MTS Barnala

provides innumerable opportunities to vanquish fear of public speaking, which enables the young kids to know what and how to speak, keeping the importance of speaking skills in mind, show & Tell Competition was held in MTS, where the participants of 1<sup>st</sup> and 2<sup>nd</sup> class shared relevant information about ‘Nature’ in an impressive style.

MTS CORRESPONDENT BARNALA  
JULY 13, 2022

### ENGLISH RECITATION COMPETITION

“Poetry is language at its most distilled and most powerful”. Recitation of poetry enables a child to get the purest expression in the most convincing words.



So to inculcate the competence to need & recite poems, MTS organised English Recitation Competition, where the final participants recited ‘nature’ poems in their melodious and rhythmical style to mesmerize the judges, crating excellent beauty in words.

MTS CORRESPONDENT BARNALA  
JULY 16, 2022

### DRAWING & COLOURING

“Every child is an artist. The problem is here to remain an artist once we grow up”. So to develop a hidden artist of each child, MTS organised a drawing & colouring competition for the students of third class in which each participant was to draw a sight of depicting summer season. All the participants drew and coloured their paintings according to their best abilities. Really it was a treat to eyes and exposed many child artists growing up to be

artists per excellence to create their own history of success.



Outstanding drawings and paintings were adjudged first, second and third by the judges and displayed on the board of honour.

MTS CORRESPONDENT BARNALA  
JULY 16, 2022

### SCIENCE ACTIVITY – PRIMARY



“Everything is theoretically impossible until it is done”. Principles of Science become very easy to understand with the help of certain simple activities, keeping it in mind, MTS planned & initiated science activity for the students of 4<sup>th</sup> class related to plants. All the students prepared different activities and explained them to the judges effectively. Coordinators and teachers appreciated the useful efforts of all the participants & further advised the students to understand science through activity based method.

MTS CORRESPONDENT BARNALA  
JULY 16, 2022

### MATHS ACTIVITY



“Mathematics is not about numbers, equations, computation on algorithms; it is about understanding” So to understand maths easily and for developing interest in it, ‘Math

activity’ was conducted for the students of 5<sup>th</sup> class based on large numbers and roman numbers.

MTS CORRESPONDENT BARNALA  
JULY 16, 2022

### INTER HOUSE SKIT - BENEFITS OF SCIENCE



“It is strange that only extraordinary men make the discoveries which later appear so easy and simple”. Science plays an important role to explain the reason behind every happening on the earth. Thus saving people for being misled, keeping it in mind MTS organised an inter house skit competition for the students of 6<sup>th</sup> to 8<sup>th</sup> classes about the ‘Benefits of Science’. It was really very informative & thought provoking. So all the students & teachers liked and praised it. The Principal Dr. Sanjay Sakalani exclaimed that science skits are eye opener for one and all.

MTS CORRESPONDENT BARNALA  
JULY 20, 2022

### KNOW YOUR BODY- PRE-PRIMARY



MTS organised ‘know your body’, a class room activity for the pre-primary students to teach the young ones to understand human body from brain to toe, to appreciate, to be aware and to take full control of their bodies. Coordinators and teachers emphasized the need to know different parts of body and their functions to enable young minds to have a strong and fit body to be safe, healthy and strong.

MTS CORRESPONDENT BARNALA  
JULY 20, 2022

### QUIZ ‘O’ MANIA



MTS planned & initiated “Quiz O Mania” related to know your body. Where all the quiz teams were at their best and had great knowledge and information about their different parts of body and how we can protect them for becoming physically fit. Coordinators and teachers lauded all the efforts for its success & praised the enthusiastic participants.

MTS CORRESPONDENT BARNALA  
JULY 22, 2022

### BOARD RESULT (X & XII)

**"Success isn't just about what you accomplish in your life, it's about what you inspire others to do"**

MOTHER TEACHER SCHOOL											
EXCELLENCE IN CBSE EXAM (SESSION 2021-22)											
<b>HIGH ACHIEVERS IN COMMERCE STREAM</b>											
MANJOT KAUR	MEHUL MITTAL	HARSHITA SINGHANI	LESHA	JASHANJOT SINGH	JAHANNVI	ANGHAL GOPAL	DIKSHIT GARG	MANVEER SINGH DEOL			
<b>HIGH ACHIEVERS IN SCIENCE STREAM</b>											
NAMIT	SEHAJ SIDHANA	BALKARAN SINGH	ANSH KAPIL SINGH	YASHVEEN KAUR	CHANDANJEET PRASADHAR	SHUBH KUMAR	ANSHU SINGLA	PARSHV SINGLA	ANGEL KHOPIL		
ROPAKSHI	RASHI KHARBE	ANSHU	SURSH KUMAR	ANSHU	CHANDANJEET PRASADHAR	SHUBH KUMAR	ANSHU SINGLA	PARSHV SINGLA	ANGEL KHOPIL		

This year's board exams were special for reasons one too many. Not only is this the year that saw the CBSE class 10th, 12th exams being conducted in two sessions, but it is also the year that the board exams were conducted in offline mode after two years. In spite of all this, the students of MTS BNL emerged glorious. Maintaining the legacy of crafting outstanding results, the Motherites exhibited outstanding results in CBSE Class X and XII board 2021-22. It is a mesmerized moment to announce that in class XII out of 121 students, 11 students scored above 95% and 27 students attained more than 90%. In science stream, Namit (97%) and Manjot Kaur (96.8%) from Commerce stream achieved first position. Other scholars from science stream are Sehaj Sidhana (96.8%) Balkaran Singh (96.2%),



Ansh Kapil Mittal (95.8%) Yashmeen kaur (95.4%) Gursimardeep Singh (95.2%), Prabhnoor Kaur (95%) Manan Singla (94.8%) Dilpreet Singh (94.6%), Ropakshi (94.4%), Rashi Kharche (94.4%) Anirudh (93.6%) Ashmin Kumar (93.6%) Ashish Kumar Singh (92.8%) Chamandeep Sandhu (92.8%), Aryan Singla (92%), Lakshay Singla (91.4%), Angel Khipal (90.2%) from Commerce stream Mishu Mittal (95.6%) Harpriya Sindhwani (95.4%), Liesha (95%), Jashanjot Singh (94%), Jhanvi (93.6%), Anchal Goyal (92.8%), Dixit Garg (92%), Manveer Singh Deol (90.6%) got merit.

MOTHER TEACHER SCHOOL	
EXCELLENCE IN CBSE EXAM (SESSION 2021-22)	
HIGH ACHIEVERS IN 10 <sup>TH</sup> CLASS	

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In class X out of 120 students 9 students attained more than 95% and 12 students achieved more than 90% marks in this year's boards. Dhruv Bansal (98.2%), Pushkar Garg (97.6%) Aditya Bansal (96.8%), Damanjeet Singh (96.2%), Nitin Garg (95.6%), Bhoomi (95.6%), Eknor Singh Billing (95.4%), Raghav Bansal (95.2%) Om Vijay Kumar Ghodke (95%), Adarsh Jindal (94.4%), Hameet Kaur (94.4%) Prachi (94.4%), Anshpreet kaur (94.2%), Aditya Bansal (93.2%) Khushi Jindal (92.6%), Abhayjeet Singh (92.2%), Paridhi (92.2%), Gourav Goyal (91.2%), Snehpreet (91.2%), Mohitpreet Singh (90.4%) Ritish Singla (90.2%) exhibited their excellence in academics. The school Principal Dr. Sanjay Sakalani praised and Congratulated the students, parents and staff members for this extraordinary achievement of Motherites.

MTS CORRESPONDENT BARNALA  
JULY 23, 2022

### कवि सम्मेलन - कारगिल दिवस

MTS organised a 'Kavi Sammelan' to pay homage to Kargil heroes who sacrificed their lives to protect our mother land 'India'. Students of 9<sup>th</sup> & 10<sup>th</sup> class recited patriotic poems in the glories of War heroes on Kargil Vijay Divas. All the participants did justice with the content of poems by putting their

heart and soul to create proper tone and mood of the poems.



The Principal Dr. Sanjay Sakalani paid a solemn tribute to all the brave hearts of Indian soldiers and took a pledge from all the motherites, never to forget their supreme sacrifices for us all.

MTS CORRESPONDENT BARNALA  
JULY 23, 2022

### ENRICH YOUR VOCABULARY



"A vocabulary of truth and simplicity will be of service throughout your life". So keeping in mind the relevance of it, MTS held an activity for the students of 3<sup>rd</sup> to 5<sup>th</sup> class to enrich & evaluate the endowment of active vocabulary. Where the students were given a written task related to antonyms, synonyms, homophones and one word substitution. The performance of the students was quite satisfactory, helping in word building and word usage according to the Coordinators and teachers.

MTS CORRESPONDENT BARNALA  
JULY 23, 2022

### HINDI ELOCATION- KARGIL VIJAY DIWAS

"Cultivation of mind should be the ultimate aim of human existence". MTS always endeavours to cultivate a true spirit of patriotism among all the Motherites, so a 'Hindi Elocation' related to 'Kargil Martyrs' was organised for students of 6<sup>th</sup> to 8<sup>th</sup> class to pay their honour & tribute in form of Hindi speech, which was highly appreciated by the



Coordinators and teachers as it helped to promote patriotism among all the Motherites on Kargil Vijay Divas.

MTS CORRESPONDENT BARNALA  
JULY 27, 2022

### KARGIL VIJAY DIWAS - DOCUMENTARY ON KARGIL DIWAS



MTS showed a documentary sharing the first hand account of Kargil Victory to the students of 6<sup>th</sup> to 8<sup>th</sup> classes. All the students were spell bound by the heroic attack of Indian army and felt proud when tricolour was unfurled on the hills of Kargil. Coordinators and teachers and all the students saluted the brave soldiers of India.

MTS CORRESPONDENT BARNALA  
JULY 27, 2022

### INTER CLASS G.K. QUIZ (FINAL)



"I love anything quiz-related" to develop and make use of this ability among the students of 1<sup>st</sup> and 2<sup>nd</sup> class Quiz 'O' Mania - Inter class G.K. Quiz was conducted in which all the teams participated and showed full preparation and confidence at their best which was highly praised by the Coordinators and teachers.

MTS CORRESPONDENT BARNALA  
JULY 27, 2022

### TEEJ CELEBRATION- PRE-PRIMARY



As 'Teej' is celebrated throughout Punjab which is dedicated to the onset of the 'monsoon' and is related to daughters and sisters, so MTS organised Teej celebration in which the students of Pre-Primary came dressed up in their traditional Punjabi dresses as 'Gabrus' & 'Mutiyars'. The colourful attires and music made a joyful atmosphere in MTS. Coordinators and teachers appreciated all the participants joyfully.

MTS CORRESPONDENT BARNALA  
JULY 28, 2022

### MTS OUTSTANDING ACHIEVEMENTS IN SOF (SESSION: 2021-22)



Science Olympiad foundation prepares students for future competitive exams. It was conducted for the students (1<sup>st</sup> to 10<sup>th</sup> class) of MTS, to give an exposure to do better, at national & international platforms. Vedant Jindal of 5<sup>th</sup> class is an International topper receiving silver medal in ISSO. Paramveer Partap and Kaaveesh Gupta of 6<sup>th</sup> class are zonal toppers receiving silver medals in ISSO & NSO respectively. Shivansh Garg of 4<sup>th</sup> class, Kaaveesh Gupta of 6<sup>th</sup> class, Udayveer Singh of 8<sup>th</sup> class, Pushkar Garg and Eknor Singh Billing of 10<sup>th</sup> class were awarded gold medals (medals of

distinctions) in IMO. Jasleen Kaur of 4<sup>th</sup> class and Nandika Siddhi of 8<sup>th</sup> class were awarded gold medals (medals of distinctions) in ISSO. Many more students received medals at school level. Principal Dr. Sanjay Sakalani congratulated all the students for bringing laurels for our school.

MTS CORRESPONDENT BARNALA  
JULY 29, 2022

### INTERNATIONAL TIGERS DAY - A DOCUMENTARY ON TIGER



"The greatness of a nation and its moral progress can be judged by the way its animals are protected". To inculcate a sense of belongingness and protection of especially Tigers, MTS shows a documentary on 'Save Tigers' to the students of 6<sup>th</sup> to 8<sup>th</sup> class. All the students were very excited to see the tigers in their magnificence. They were shocked to know about their decreasing numbers. But they gained hope, when they learnt about the government's efforts to save them. Coordinators and teachers encouraged all the motherites to protect all the flora & fauna around us to save earth.

MTS CORRESPONDENT BARNALA  
JULY 29, 2022

### SCIENCE EXHIBITION - ALL ABOUT THE PROJECTS & MODELS



Science Exhibition is a platform to use and share students' scientific knowledge by working collectively and to bring innovative ideas into reality by making working on still models. To provide this useful platform in form of science exhibition, to the students of

9<sup>th</sup> and 10<sup>th</sup> classes, MTS organised a science exhibition in which all the projects and models were prepared and explained well by the students. Coordinators and Science Teachers were emphasized on holding such exhibitions to develop scientific aptitude among all the motherites.

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### EDITORIAL BOARD

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